

# MAIN MENU

THE TEMPERANCE INN — PROUDLY PART OF THE INN COLLECTION GROUP

## SNACKS & STARTERS

### Mini Sticky Cumberland Sausages

With a mustard and honey glaze (v) — 7.00

### Soup of the Day

Served with butter and crusty bread (v) — 7.00

### Temperance Scotch Egg

Served with mustard mayonnaise — 6.50

### Korean Fried Chicken Wings

With chilli, garlic ginger and soy — 8.50

### Broad Bean Hummus

With whipped goat's cheese and warm flatbread (v) — 7.50

### Appleby Eden Chieftain Cheddar Cheese Croquettes

With heirloom tomato jam (v) — 7.50

### Dough Balls

Made with fresh dough baked in our pizza oven, served with garlic butter (v) — 7.00

### Roasted Vegetable Bruschetta

With olive tapenade (VG) — 7.00

### Salmon Spring Rolls

With wasabi, coriander and ponzu dipping sauce — 11.00

## BURGERS

### The Temperance Inn Burger

6oz chuck steak burger, served in a toasted sesame brioche bun with smoked cheddar, gem lettuce, tomato and pickles, topped with ICG burger sauce. Served with fries — 17.00

### Venison Burger

Served in a toasted brioche bun with *Appleby Black Dub Blue* cheese, topped with apple ketchup. Served with thick-cut chips — 17.00

### Crispy Mushroom Burger

Crispy fried field mushroom filled with vegan cheese, spinach and sriracha mayo in a potato bun (VG) — 16.00

### Buttermilk Fried Chicken Burger

Served in a toasted brioche bun with sriracha mayo, smoked cheese and avocado, with thick-cut chips — 16.50

### Smoked Double Cheeseburger

2 x 4oz patties, smoked 'Eden Smokie' brie, tomato jam and onion ring in a toasted sesame brioche bun, with thick-cut chips — 18.00

*Gluten free and vegan options available please ask a member of the team*

## MAINS

### Traditional Fish & Chips

Fish fillet in crisp batter served with thick-cut chips, chef's tartare sauce, mushy peas and lemon wedge — 17.00

### Scampi & Chips

Whitby scampi served with mushy peas, thick-cut chips, chef's tartare sauce and lemon wedge — 16.50

### Baked Venison Meatballs Marinara

With blue cheese, salsa verde and crusty bread — 16.00

### Monkfish, King Prawn & Coconut Curry

With fragrant steamed rice — 19.00

### Pie of the Week

Please ask our team for today's choice of pie, served with seasonal vegetable and a choice of thick-cut chips or mashed potato — 17.00

### Appleby Eden Chieftain Cheddar Macaroni Cheese

With tomato and red onion salad (v) — 16.00

### Chopped Salad

Tomato, cucumber, lettuce, beetroot, radish, avocado, egg and fresh herbs, with dijon mustard dressing (v) — 12.50

*Add Grilled Chicken — 6.00 Add Crispy Bacon — 5.00*

*Add Prawns — 6.50*

### Cumberland Sausage

Served with garlic mashed potato, Guinness gravy and onion rings — 16.50

### Temperance Summer Sharing Board

Broad bean hummus, crusty bread, charred vegetables, Cumberland sausage, prosciutto, cheese croquettes, Temperance scotch egg — 24.00

### Miso Glazed Aubergine

With stir-fried vegetables and sesame udon noodles (VG) — 15.50

### Prawn Linguine

With prawns, courgette and chilli — 17.00

### Mushroom Arancini

With roasted tomato sauce, rocket & parmesan salad (v) — 16.50

# PIZZAS

*Our pizza bases are hand rolled on site and cooked in our stone pizza oven*

## Margherita

Fresh tomato sauce, basil leaves, extra virgin olive oil (v) — 10.00

## Pepperoni

Napoli sauce, mozzarella, pepperoni — 13.00

## Ham & Mushroom

Hand-carved ham, mushrooms, Parmesan shavings — 12.00

## Stagioni

Mushrooms, artichokes, black olives, prosciutto — 14.00

## Napolitana

Mozzarella, anchovies, Napoli sauce and olive oil — 12.00

## Prosciutto Crudo

Prosciutto, mozzarella, tomato sauce and basil — 14.00

## Pizza Vegetariana

Grilled courgette, roasted peppers, black olives and fresh rocket (v) — 12.00

## Dough Balls

Made from fresh dough and baked in our pizza oven served with garlic dip (v) — 7.00

## Garlic Bread with Mozzarella

Fresh from the pizza oven topped with mozzarella (v) — 9.50

*Light lunch pizzettes available 12 noon - 5.00pm*

# SIDES

**Thick-Cut Chips** (v) — 4.00

**Onion Rings** (v) — 4.00

**Seasonal Salad** (VG) — 4.00

**Seasonal Vegetables** (v) — 4.00

**Mashed Potato** (v) — 4.00

**Please order your food at the bar, quoting your table number when ordering.** Please ask our team for today's choice of specials.

We hope you enjoy your meal.

*Please note, specials may not be available during peak seasons*

**Menu available 12 noon - 9.00pm**



**Scan here for all allergy and dietary information, or speak to a member of our team**

*All our food is cooked to order which may result in a longer than average waiting time during busy periods, thank you for your patience*

Terms & Conditions: Menu descriptions may not list full dish contents. All weights shown on the menu are raw weight, the final cooked weight may vary due to cooking time or process. Adults need around 2,000 kJ per day. Due to using fresh game produce on our menus please note that some dishes may contain traces of bone or shot. All menu items are subject to availability. Prices include VAT at the current rate. Visa and MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Temperance Inn, Lake Road, Ambleside, Cumbria, LA22 0BH. Tel: 015394 33192. Email: info@thetemperanceinn.co.uk

# CHILDREN'S MENU

## Fish & Chips

Thick-cut chips and peas — 8.00

## Grilled Chicken Goujons

With fries, buttered corn on the cob and broccoli — 7.50

## Burger & Fries

4oz beef patty in a brioche bun, served with fries — 7.50

## Kids Ploughman's

Thick-sliced ham, cheddar cheese, carrot and cucumber sticks, hummus and crusty bread — 8.00

## Children's Pizza

Choose from our pizza section baked in our pizza oven — 7.00

**Mac & Cheese** — 7.00

# DESSERTS

## Warm Chocolate Pudding

With vanilla ice cream (v) — 4.00

## Banana Split

Vanilla and chocolate ice cream, fresh banana and whipped cream (v) — 4.00

## English Lakes Ice Cream or Sorbet

Please ask a member of our team for today's flavour — 4.00

# SUNDAY LUNCH

*Served 12 noon - 5.00pm, every Sunday (subject to availability)*

## Roast Topside of Beef

Slow-roasted beef topside, served with roasted potatoes, seasonal vegetables, Yorkshire pudding and rich gravy — 17.00

## Roast Pork Loin

Served with roasted potatoes, seasonal vegetables, Yorkshire pudding and rich gravy — 16.50

## Roast Turkey

Served with sausage meat stuffing, roasted potatoes, seasonal vegetables, Yorkshire pudding and rich gravy — 17.00

## Roast Vegetable Gratin

Served with roasted potatoes, seasonal vegetables, Yorkshire pudding and vegetarian gravy (v) — 16.00

*Children's sizes are available*

# LIGHT BITES MENU

*Served 11.00am - 5.00pm, 7 days per week*

If you feel like something lighter, see the menu on your table, or ask a member of the team