

MAIN MENU

Available from 12pm - 9pm

Please order your food at the bar, quoting your table number when ordering

STARTERS

Soup of the Day (V) | £6

Served with crusty bread and butter

Broad Bean Hummus (VG) | £7

With hazelnut dukkah and warm flat bread



Venison Bolognese Fritters | £7

With fresh Parmesan

Crispy Tempura Seafood | £10.50

With sweet chilli and soy dipping sauce

Crispy Potato Skins

Classic (V) | £6

Crispy fried potato skins with aioli

Buffalo | £7

Crispy fried potato skins, Buffalo sauce, blue cheese and sour cream, crispy onions and chives

Loaded | £8

Crispy fried potato skins, cheese sauce, aioli, crispy onions, smoked paprika and bacon bits

Roasted Vegetable Bruschetta (VG) | £8.50

With olive tapenade and pesto

Dough Balls (V) | £6.50

Hand stretched and rolled pizza dough, served with garlic butter

The Temperance Inn Scotch Egg | £8

With mustard mayonnaise

MAINS

Seared Venison Steak | £19

With a tomato, rocket and blue cheese salad, served with thick-cut chips

Traditional Fish & Chips | £18

Fish fillet in crisp batter served with thick-cut chips, chef's tartare sauce, mushy peas and lemon wedge

Scampi & Chips | £16

Whitby scampi served with thick-cut chips, chef's tartare sauce, mushy peas and lemon wedge

King Prawn, Monkfish & Coconut Curry | £22

With fragrant steamed rice

Add Flat Bread | £2

Pie of the Week | £16.50

Please ask our team for today's choice of pie, served with seasonal vegetables and a choice of thick-cut chips or mashed potato

Sirloin Steak | £29

Served with garlic roasted flat cap mushroom, roasted plum tomato and thick-cut chips

Add Béarnaise Sauce or Peppercorn Sauce | £4

Chicken Skewers | £18

Herb marinated chicken skewers with tzatziki dressing, served with tabbouleh salad, warm flatbread and thick-cut chips

Bang Bang Tofu Salad (VG) | £17.50

With rice noodle salad, toasted sesame seeds, crispy fried tofu and a peanut and chilli sauce

Sweet Potato & Coconut Curry (VG) | £17.50

With fragrant steamed rice

Add Flat Bread | £2

Bang Bang Chicken Salad | £17.50

With rice noodle salad, toasted sesame seeds, peanut and chilli sauce, warm slices of chicken breast

Chopped Summer Salad (VG) | £14

Salad of tomato, cucumber, sweetcorn, pomegranate seeds, roasted beetroot, chickpeas and radicchio with a mustard vinaigrette

Add Chicken | £5.50

Add Prawns | £7.50

(V) Vegetarian (VG) Vegan

Chef Recommendation



THE TEMPERANCE INN

AMBLESIDE

BURGERS & HOTDOGS



Game Burger | £16

Game burger with red onion relish in a toasted brioche bun, served with buttermilk slaw and thick-cut chips

The Temperance Inn Burger | £16

6oz chuck burger with smoked cheddar, gem lettuce and tomato, topped with house burger sauce and served in a toasted brioche bun with a side of buttermilk slaw and thick-cut chips

Surf & Turf Burger | £21

6oz chuck burger topped with garlic king prawns and sriracha mayonnaise in a brioche bun, served with thick-cut chips

Grilled Halloumi Burger (V) | £16

Served in a brioche bun with roasted mushroom, Asian slaw and sriracha mayonnaise, served with thick-cut chips

Pulled Pork Burger | £18.50

6oz chuck burger topped with barbecue pulled pork, smoked cheese and buttermilk slaw in a brioche bun, served with thick-cut chips

Pulled Pork Bun | £16.50

Barbecued pulled pork shoulder, smoked cheese and buttermilk slaw in a brioche bun, served with thick-cut chips

Buffalo Chicken Burger | £16.50

Buttermilk fried chicken burger with hot sauce, sour cream and blue cheese slaw in a brioche bun, served with thick-cut chips

The Double Double Burger | £20

Double 6oz patties, double smoked cheese, double crispy bacon, pickles, cheese sauce, served with thick-cut chips

Spicy Hot Dog | £14

Buffalo sauce, crispy onions, blue cheese, sour cream, served with thick-cut chips

Loaded Hot Dog | £14.50

Cheese sauce, aioli, crispy onions, chives and bacon bits, served with thick-cut chips

Classic Hot Dog | £13

American mustard, ketchup and crispy onions, served with thick-cut chips

PIZZA

Our pizza bases are hand rolled on site and cooked in our stone pizza oven

Margherita (V) | £13

Fresh tomato sauce, mozzarella, basil leaves and extra virgin olive oil

Pepperoni | £15

Fresh tomato sauce, mozzarella and pepperoni

Ham & Mushroom | £14.50

Hand-carved ham, mushrooms, Parmesan shavings

Garlic Bread with Mozzarella (V) | £10

Fresh from the pizza oven topped with mozzarella

Vegetarian (V) | £13.50

Grilled vegetables, roasted peppers, black olives and fresh rocket

Chicken Pesto Pizza | £16

Chicken, pesto, mozzarella and rocket

Barbecued Pulled Pork | £15

With mozzarella and fresh chillies

SIDES

Onion Rings (V) | £4

Seasonal Salad (VG) | £4

Mashed Potato (V) | £4

Garlic Bread (V) | £5

Thick-Cut Chips (V) | £4

Buttered Seasonal Vegetables (V) | £4

(V) Vegetarian (VG) Vegan

✂ Chef Recommendation



THE TEMPERANCE INN
AMBLESIDE

LIGHT BITES

Served 11am - 5pm, 7 days per week

Tuna & Avocado Bun | £9.50

Tuna with capers, shallots, celery, fresh avocado, dill and sriracha mayonnaise, served in a sourdough bun with thick-cut chips

Peppercorn Venison Steak on Toast | £11.50

Seared venison steak, caramelised onions and peppercorn sauce, served on toasted sourdough with thick-cut chips

Crispy Fish Bun | £12.50

Fish fillet in crispy batter with spicy mayonnaise and Asian slaw, served in a brioche bun with thick-cut chips

Roast Meat Sandwich of the Day | £13.50

Ask a member of the team for today's choice of meat, served with thick-cut chips and gravy

Bang Bang Tofu Salad (VG) | £10

With rice noodles, toasted sesame seeds, crispy fried tofu and a peanut and chilli sauce

Bang Bang Chicken Salad | £10.50

With rice noodle salad, toasted sesame seeds, warm slices of chicken breast and a peanut and chilli sauce

Roasted Vegetable & Broad Bean Hummus Sandwich (VG) | £11

On toasted bloomer, served with thick-cut chips

New York Deli Sandwich | £12.50

Pastrami, turkey, ham, mustard mayonnaise and Gruyere cheese in sliced toasted sourdough, served with thick-cut chips

DESSERTS

Sticky Toffee Pudding (V) | £7.50

With salted caramel sauce and vanilla ice cream

Cheese Plate | £12

Selection of cheeses served with biscuits, fruits and homemade chutney

Luxury Lakes Ice Cream & Sorbet Selection (V) | £6

Ask a member of our team for today's selection

Chocolate Brownie Sundae (V) | £8.50

Chocolate brownie pieces, rich chocolate sauce, chocolate and vanilla ice creams, whipped cream and chocolate shavings



Sticky Toffee Sundae (V) | £9

Sticky toffee pudding pieces, rich toffee sauce, salted caramel and vanilla ice creams, whipped cream

Warm Chocolate Brownie (V) | £8

With caramel sauce and vanilla ice cream

Churros (V) | £6.50

Fried churros with dark chocolate sauce

Strawberries & Cream (V) | £7.50

British strawberries served simply with vanilla cream

(V) Vegetarian (VG) Vegan

🍴 Chef Recommendation



THE TEMPERANCE INN
AMBLESIDE

CHILDREN'S MENU

STARTERS

Dough Balls (V) | £3
Garlic butter

Crispy Potato Skins (V) | £3
With aioli

MAINS

Fish & Chips | £8
With tartare sauce and mushy peas

Grilled Chicken Goujons | £8
Served with thick-cut chips, buttered corn on the cob and broccoli

Burger & Chips | £8
4oz beef patty in a brioche bun, served with thick-cut chips

Meatballs | £8.50
Meatballs in tomato sauce and Linguine pasta

Tomato Linguine Pasta (V) | £7
Linguine in a fresh tomato sauce

Sausage & Mash | £8
Served with garden peas and gravy

Childrens Pizza | £6.50
Choose any item from our pizza section

DESSERTS

Luxury Lakes Ice Cream & Sorbet Selection (V) | £4
Ask a member of our team for today's selection

Sticky Toffee Pudding (V) | £4
Served with caramel sauce, vanilla ice cream

Cookie Dough Pizza | £4
Sweet pizza topped with cookie dough, Nutella and marshmallows

Candy Floss Sundae | £4
Candy floss ice cream, raspberry sauce, marshmallows

Churros (V) | £4
Fried churros with dark chocolate sauce

SUNDAY LUNCH

Served 12pm – 5pm, every Sunday
(subject to availability)

Roast Topside of Beef | £18
Slow-roasted beef topside served with roasted potatoes, seasonal vegetables, Yorkshire pudding and rich gravy

Roast Turkey | £17
Served with sausage meat stuffing, roasted potatoes, seasonal vegetables, Yorkshire pudding and rich gravy

Roast Pork Loin | £17
Served with roasted potatoes, seasonal vegetables, Yorkshire pudding and rich gravy

Roast Vegetable Gratin (V) | £16.50
Served with roasted potatoes, seasonal vegetables, Yorkshire pudding and rich vegetarian gravy

Children's portions are available

Terms & Conditions: Menu descriptions may not list full dish contents. All weights shown on the menu are raw weight, the final cooked weight may vary due to cooking time or process. Adults need around 2,000 kcals per day. Due to using fresh game produce on our menus please note that some dishes may contain traces of bone or shot. All menu items are subject to availability. Prices include VAT at the current rate. Visa and MasterCard are accepted and Maestro/Delta/Amex where applicable, together with personal cheques when accompanied by an appropriate banker's card. All products may contain nuts or nut derivatives. Please note that all of our meat and fish products may contain bones. If you have any queries or comments please do not hesitate to contact us at: The Temperance Inn, Lake Road, Ambleside, LA22 0BH. Tel: 01539 962 362 Email: info@thetemperanceinn.com



Scan here for all allergy and dietary information, or speak to a member of our team. All our food is cooked to order which may result in a longer than average waiting time during busy periods, thank you for your patience



THE TEMPERANCE INN
AMBLESIDE