

The GATEWAY

STARTERS

SPICED CHICKEN KEBAB With naan bread, salad, garlic and mint yoghurt. Gluten free upon request GF	£8.95
CREAMY GARLIC WILD MUSHROOM BRUSCHETTA Served on bruschetta. Gluten free upon request. Vegan upon request V GF	£7.95
DEEP FRIED SOMERSET BRIE Served with cranberry sauce and salad	£7.50
CUMBRIAN HAM HOCK TERRINE Served with piccalilli, sea salt and black pepper crostini	£8.50
GATEWAY RIBS Pork ribs in home-made sticky BBQ sauce. Served with organic white bread and orange	£10.50
TEMPURA CAULIFLOWER AND BROCCOLI BITES Served with a sweet chilli dipping sauce and a mixed salad V	£7.95
SOUP OF THE DAY Served with artisan bread. Gluten free upon request. Vegan upon request V GF	£6.95
PAPRIKA AND CHILLI MIXED OLIVES Vegan. Gluten free. V GF	£4.95

Our Food Philosophy

The Gateway brings together the very best local produce from a range of top quality Cumbrian suppliers to create a fusion of world flavours and the best of British modern cuisine. We appreciate your custom and hope you have a fantastic visit with us.

Ethan Drewery

Head Chef

LIGHT LUNCHES

Available till 2:30pm on weekdays, till 4pm on Saturdays

SANDWICHES

served with side salad and crisps

CHEDDAR AND CHUTNEY	£8.50
ROAST HAM AND MUSTARD MAYO	£8.95
MED VEG AND COUS COUS	£8.95
SPICY CHICKEN AND MAYO	£9.50
BACON, LETTUCE, TOMATO & MAYO	£9.95
FISH FINGER, GEM & TARTARE SAUCE	£10.95

HOT BAGUETTES

served with side salad and skinny fries

CHEESE AND CHUTNEY	£10.50
ROAST MED VEG AND COUS COUS	£11.95
HAM AND CHEESE MELT	£12.50
SPICY CHICKEN AND MAYO	£12.50
BACON, LETTUCE, TOMATO & MAYO	£12.50
HOT BEEF AND GRAVY	£12.95

**CHOOSE BETWEEN A CHOICE OF WHITE, BROWN OR GLUTEN FREE BREAD
ADD CHIPS OR FRIES TO YOUR LIGHT LUNCH FOR JUST £2.00**

LIGHT OPTIONS

HOT RAREBIT Served with crisps, wholegrain mustard, spring onions, mature cheddar and real ale	£9.95
BACON, CRANBERRY AND BRIE BRUSCHETTA Toasted as an open sandwich, served with crisps	£10.50

V - AVAILABLE VEGAN

GF - AVAILABLE GLUTEN FREE

PLEASE INFORM US IF YOU HAVE ANY ALLERGIES OR DIETARY REQUIREMENTS BEFORE PLACING YOUR ORDER. WHILST WE TAKE EVERY CARE TO PRESERVE THE INTEGRITY OF ALL OUR DISHES AND AVOID CROSS CONTAMINATION, WE MUST ADVISE THAT THE INGREDIENTS ARE HANDLED IN A MULTI-USE KITCHEN ENVIRONMENT AND THEREFORE WE UNFORTUNATELY CANNOT GUARANTEE ZERO TRACES OF ALLERGEN ELEMENTS

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MAIN COURSES

BEER BATTERED FISH AND CHIPS Served with tartare sauce, garden peas and lemon. Gluten free upon request GF	£16.95
CHICKEN, HAM AND LEEK PIE Served with chicken gravy, seasonal greens and chips. (PLEASE NOTE: as our pies are cooked fresh to order, there can be up to a 30 minute wait time.)	£17.95
WHITBY BAY SCAMPI Served with tartare sauce, garden peas, triple cooked chips and lemon	£14.95
100z SOUS VIDE FEATHER BLADE STEAK Cooked in rosemary, thyme and garlic. Served with chips, tomato, mushrooms, and a garlic and herb cream sauce. Gluten free upon request. GF	£22.95
SMOKY IPA SAUSAGE AND MASH Served with a red wine jus, garden peas and mangetout. Vegan option available upon request V	£15.50
6oz FIRECRACKER SALMON Marinated in ginger, garlic, soy honey and sriracha, pan-seared and on a bed of teriyaki fried rice and Pak Choi.	£22.95
BUTTERNUT SQUASH, ALMOND AND LENTIL WELLINGTON Served with butternut squash purée, chive mash and seasonal greens. Vegan upon request V	£15.95
WILD MUSHROOM RAVIOLI With sautéed wild mushrooms in a white wine and sage cream sauce, topped with parmesan	£14.95
SWEET POTATO AND SPINACH CURRY Served with basmati rice, toasted naan and a poppadum. Vegan V £16.95 (or add chicken; £18.95)	£16.95 / £18.95
GIANT COUS COUS SALAD With mixed peppers, red onion, cucumber, spring onion, feta, and pesto dressing. Vegan upon request V	£13.50
KATSU CHICKEN BURGER Breadcrumbs coated chicken breast topped with Asian slaw. Served with chunky chips or fries	£15.95
CHEESE AND BACON BURGER 8oz burger, bacon, lettuce, tomato, and Monterey Jack cheese. Served with chunky chips or fries. Gluten free upon request GF	£15.95
BLUE CHEESE BURGER 8oz burger, bacon, lettuce, tomato, and blue cheese. Served with chunky chips or fries. Gluten free upon request GF	£15.95
LAMB AND MINT BURGER With lettuce, tomato, red onion, and garlic and mint yoghurt. Served with chunky chips or fries.	£16.95

OUR FAMOUS ROAST DINNER

Available every day!

With Yorkshire pudding, roast potato, mash potato, roast carrot, parsnips, butternut squash puree and rich gravy.

Ask your server about the ROAST OF THE DAY, or,

Choose from: Slow roasted topside of beef (£16.95) or Vegetarian Cumberland sausage (£15.95)

SIDES

GARLIC BREAD	£3.50	CAULIFLOWER & BROCCOLI CHEESE	£4.50
CHEESY GARLIC BREAD	£4.50	ONION RINGS	£3.50
HALLOUMI FRIES	£5.95	SEASONAL SIDE SALAD	£4.95
CHUNKY CHIPS	£3.95	SKINNY FRIES	£3.95
CHEF'S HOMEMADE GRAVY	£2.95	PARMESAN & TRUFFLE FRIES	£4.95

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