



Most of our fish and seafood is delivered, on ice, overnight from Cornwall and is subject to availability based on the previous day's catch. We have sourced supply from selected fishing boats operating from Cornwall's ports to bring the freshest and finest quality produce from undoubtedly England's best fishing grounds.

### **NIBBLES**

POPCORN PAPRIKA COCKLES 5 | SPICED CORN RIBS (V) 5 | MIXED PITTED OLIVES (NG)(DF) 5

# TO START

SOUP OF THE DAY (VE)(NGO)sourdough bread	r
SMOKED SALMON, KING PRAWN & DILL ROULADE (NG)pickled cucumber, caviar, endive	12
PAN-SEARED SCALLOPS (NG)	14
FRESH CORNISH MUSSELS (NGO)1	3   18.5

THE CATCH FISHCAKE	10.5
mushy pea purée, crunchy batter bits, tartare sauce	
THAI FISH SOUPchilli, pepper, mushroom, bean sprouts	12
MUSHROOM 'SCALLOPS' (VE)(NG)butternut squash purée, crispy kale	10
CRISPY TEMPURA PRAWNS mixed leaf dressed with sweet chilli sauce	10

## MAINS

CRISPY BEER BATTERED HAKE 19 house chips, minted crushed peas, tartare sauce, lemon
CLASSIC FISH PIE (NG)
ROASTED PACKINGTON CHICKEN SUPREME $_{\rm (NG)}\dots19$ wild mushroom, fine green beans, fondant potato
ROASTED CAULIFLOWER STEAK (NG)(VE)
ORANGE CONFIT DUCK LEG (NG)
SWEET POTATO & BUTTERNUT SQUASH THAI CURRY (NG)(VE)

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House Chips (DF)

French Fries (DF) 5 truffle parmesan upgrade 2

Crab Mac & Cheese topped with gremolata 8.5

House Mixed Salad (VE) 5

Sprouting Broccoli & Fine Green Beans (VE) 5

Spiced Red Cabbage (V) 5

Star Anise & Honey Roasted Chantenay Carrots (V) 5

#### STEAK

80Z HEART OF RUMP STEAK (DF0)26 house chips, grilled tomato & mushroom, peppercorn or stilton sauce
70Z FILLET STEAK (DFO)
THE CATCH SURF & TURF

#### PRE-ORDER SEAFOOD SPECIALS

IF YOU WOULD LIKE TO ORDER SOMETHING EXTRA SPECIAL PLEASE PROVIDE 72 HOURS NOTICE AND WE'LL DO OUR BEST TO SOURCE FROM OUR CORNISH DAY BOATS.
A FEW TASTY SUGGESTIONS WOULD BE A WHOLE TURBOT. LOBSTER. OR A SEAFOOD PLATTER...

#### DAILY CATCH

FRESH FROM CORNISH WATERS, THESE DISHES
ARE SUBJECT TO AVAILABILITY.
PLEASE SEE OUR SPECIALS TO VIEW TODAY'S CATCH!

## DESSERTS -

STICKY TOFFEE PUDDING (V)9 toffee sauce, vanilla ice cream	
RASPBERRY PANNA COTTA (NG)(V)8.5 raspberry coulis & raspberry sorbet	
LOTUS BISCOFF CHEESECAKE 9	

red wine poached pears, vegan vanilla ice cream, red wine reduction	9
SELECTION OF YORVALE ICE CREAM (VEO)6.	5
THE COW CHEESE SELECTION (V)	2

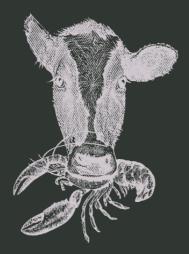
# SOMETHING TO ACCOMPANY?

grapes & Fudges' biscuits

PORT	70ML	BOTTLE
CROFT, LATE BOTTLED VINTAGE 2013	4.9	39
WARRE OTIMA 10 YR OLD TAWNY soci	6.5	49
FONSECA, GUIMARAENS 2008	7.9	75

SHERRY	70ML
AMONTALLADO ANANTONIO BARBADILLO	4.5
PX SAN EMILIO PEDRO JIMENEZ	5.9

DESSERT WINES	OML	BOTTLE
MONBAZILLAC (750ml)	4.5	35
CORNEY & BARROW SAUTERNES (375ml)	7.9	39



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# CATCH

AT THE COW