



## The Bell ~ Breakfast Menu

### While You Wait

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Bucks Fizz - 7.95

Bloody Mary - 8.95

### Breakfast

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**Full English**, bacon, Lashford sausage, black pudding, mushrooms, tomato, hash brown, beans, fried eggs 1111kcal 14.95

**Vegetarian full English**, sausages, mushrooms, tomatoes, hash brown, baked beans, fried eggs (v) 959kcal 12.95

**Kids breakfast**, sausage, bacon, beans, hash brown, fried egg 755kcal 8.95

### Smaller plates

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**Warm buttermilk pancakes**, crisp bacon, maple flavoured syrup, blueberries 620kcal 8.95

**Pan fried mushrooms and spinach**, poached egg, malted toast (v, gfa) 401kcal 9.95

**Lashford's pork and apple sausage bap** 750kcal 6.95

**Grilled back bacon bap** (gfa) 698kcal 5.95

**Smashed avocado**, toasted granary bloomer, poached egg, grilled tomato (v) 477kcal 10.95

**Croissant**, butter and jam (v) 575kcal 4.95

**Toast** with butter and jam (v, gfa) 541kcal 3.95

**Toasted crumpets**, butter and jam (v) 497kcal 3.45

### Eggs

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**Eggs Benedict**, honey roast ham, soft poached egg, hollandaise sauce 779kcal 9.95

**Eggs Royale**, smoked salmon, soft poached egg, hollandaise sauce 789kcal 11.95

**Eggs Florentine** buttered spinach, soft poached egg and Hollandaise sauce (v) 668kcal 8.95

**Scrambled eggs, smoked salmon**, toasted bloomer (gfa) 526kcal 11.95

**Eggs on toast**, toasted bloomer with eggs cooked to your liking (v) 559kcal 7.95

### Extras

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Pork sausage 203kcal 2.50

Bacon (gf) 108kcal 2.50

Hash brown Hash brown (vg) 198kcal 2.00

Black pudding (gf) 69kcal 2.00

Fried egg (v, gf) 110kcal 1.00

Add baked beans (vg, gf) 78kcal 2.00

### Hot Drinks

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Cafetière of coffee (v, gf) 53kcal 3.95

Selection of tea (v, gf) 24kcal 3.95

Hot chocolate (v, gf) 299kcal 4.45

Double espresso (vg, gf) 0kcal 3.75

Americano (vg, gf) 0kcal 3.75

Flat white (v, gf) 47kcal 3.95

Cappuccino (v, gf) 48kcal 3.95

Latte (v, gf) 122kcal 3.95

Macchiato (v, gf) 11kcal 3.95



#### Additional Menu Information

Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

The Bell - www.bellalderminster.co.uk - 01789 335 671