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FULL BREAKFAST

Porridge (v) <i>Pumpkin seeds, raspberries, blueberries and honey.</i>	7.00	Greek yoghurt (v) <i>With coconut granola and mixed fruit compote</i>	8.00
American pancakes <i>Chantilly cream, mixed berries compote, Maple syrup</i>	7.00	English breakfast <i>Grilled streaky bacon, butcher's pork sausage, roasted flat mushroom, potato rosti, grilled tomato, baked beans and fried eggs served with white or granary toast</i>	11.00
Vegan breakfast (vg) <i>Vegan sausages, roasted field mushroom, potato rosti, grilled tomato, baked beans, sautéed spinach and scrambled Eggs, with white or granary toast</i>	10.50		

EGGS & MUFFINS

Smoked salmon and scrambled eggs <i>Toasted sourdough</i>	9.50	Eggs Benedict <i>Honey roast ham, poached eggs, hollandaise sauce and toasted English muffin</i>	7.50
Eggs Florentine (v) <i>Buttered spinach, poached eggs, hollandaise sauce and toasted English muffin</i>	7.50	Eggs Royale <i>Smoked salmon, poached eggs, hollandaise sauce and toasted English muffin</i>	8.00
Avocado & poached eggs (v) <i>Sourdough with sliced avocado.</i>	7.50	ADD Smoked crispy bacon 1.50 	
Breakfast egg omelette <i>cheese, peppers, tomato and red onions</i>	7.00		

BREAKFAST BAPS

Breakfast bap <i>Smoked streaky bacon, Sussex farms pork sausage, runny egg and brioche bun</i>	7.00	Vegan bap (vg) <i>Plant based sausages, Portabella mushroom, sautéed spinach, potato rosti and brioche bun</i>	7.00
Smoked salmon bap <i>Chive cream cheese and brioche bun</i>	8.00		

Please scan the QR code using your phone camera to view calorie information. For groups of six people or more, where table service is provided, a discretionary service charge of 10% will be added to the bill. For groups of less than six people, an option to add a tip will be given when you pay. Tips are shared by all members of our team here. All our food is prepared in a kitchen where nuts, gluten and other food allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know in advance. Other options may be available - please ask in-house about your dietary requirements. Fish dishes may contain bones. All weights are approximate uncooked. Menu subject to availability / change. Please note that due to the nature of cooking our deep-fried products, we cannot guarantee they're free from cross contamination with other allergens. Wheat and gluten ingredients which are deep fried will use the same fryers in our kitchens as dishes not containing these ingredients - there may be risk of cross contamination which may therefore affect extremely sensitive sufferers. If you are unsure which of our products go through the deep fryer please ask a member of staff. Please scan the QR code using your phone camera to view calorie information. ** Due to daily markets maybe substituted with cod. (V) = Vegetarian (VG) = Vegan. Adults need around 2000 kcal a day

