




-  gluten free
-  vegetarian
-  vegan

THE MERRYMOOR INN


locally sourced fresh food & fine ales

α family business for 62 years

 WIFI CODE: beachbar

Garden & terrace customers
please order at the inside bar.

STARTERS

Chef's Homemade Soup Of The Day £6.95 

with fresh ciabatta bread

Moroccan Style Falafel £7.95 

with a tzatziki & garlic yoghurt dressed leaf & olives

Beer Battered King Prawns £8.95

served with chipotle mayo

Sauté Bacon & Mushrooms £6.95

in a Creamy White Wine & Garlic Sauce

served with toasted ciabatta bread

Baby Back Riblets £7.95

with spring onion & corriander

Mixed Olives £5.00 

MERRYMOOR CLASSICS

8oz Cornish Sirloin Steak £21.95

cooked to your liking with chips, onion rings,
tomato, mushroom & peas


Add a sauce for £2.50, Peppercorn,
Blue Cheese or Red Wine & Rosemary

Merrymoor Chicken £16.95 


chicken, bacon, BBQ sauce, cheese served with chips salad & slaw

Chef's Glazed Ham, Eggs & Chips £12.95


Our own Honey glazed ham, Two Cornish free range eggs,
chips,grilled tomatoes & peas

Chimichurri Beef £16.95 

Slow cooked chuck steak in a rich smokey sauce,
served with chimichurri garnish, rice & tortillas


8oz English Lamb Rump £18.95 

cooked to your liking, served with a red wine jus,
herb roasted potatoes, roasted carrots & winter greens


The Squire £16.95 

chicken breast, creamy bacon & mushroom sauce
served with potatoes & seasonal veg

VEGAN & VEGGIE

Creamy Spinach & Mushroom Pasta £12.95 

served with garlic bread and salad

Totally Vegan Cheese Burger £13.50 

Freshly grilled Moving Mountains burger, melted cheese,
rocket, onion,tomato, vegan mayo & pickles
served with chips

Vegan Cajun Gumbo £13.95 

pan fried vegetables in rich cajun sauce
served with long grain rice & fresh lime

SANDWICHES

(available at lunchtimes only)

Hot Ciabatta Sandwiches
served with tortilla chips & garnish

Morocan style falafel, tzatziki & garnish **£8.95**

Cajun chicken, roast pepper, chilli jam & garnish **£8.95**

Grilled Ham, Egg , Piccalilli & garnish **£8.95**

Hot Peppered Beef, Red onion, Horseradish & garnish **£8.95**

Fish Finger Ciabatta £12.95

beer battered haddock goujons, rocket, sliced tomatoes,
Tartare Sauce & chips

MERRYMOOR BURGERS

Classic Burger £13.50

Chargrilled 6-oz Burger or Butterfly Chicken Breast
seved in a toasted bun with rocket,
tomato, red onion & dill pickle
served with chips

Cheese & Bacon Burger £15.50

Chargrilled 6-oz Burger or Butterfly Chicken Breast
& topped with melted Cornish Yarg & back bacon
toasted bun, rocket, tomato, red onion & dill pickle
served with chips

add Jalapenos & Hot Sauce £1.50

FROM THE SEA

Fish & Chips

beer battered haddock, chips, crushed minted
peas & tartare sauce

£14.95

Wholetail Scampi

classic scampi & chips, slaw & salad

£13.95

King Prawn & Chorizo Gumbo

pan fried prawns & chorizo sausage in a rich cajun
sauce served with long grain rice & fresh lime

£17.95

Chefs Fish Gratin

locally sourced fish in a creamy leek sauce
topped with a cheddar & herb crumb,
herb roasted potatoes, roasted carrots & winter greens

£16.95

Catch of the Day

local seasonal fish served with herb roasted potatoes,
roasted carrots & winter greens
topped with a fresh salsa verde



£17.95



Food Allergy or Intolerance?



If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order. Thank you.




SIDES


Chips £4.50  

Cheesy chips £5.00  


Sweet potato fries £5.50  


Beer battered onion rings £4.50

Garlic Ciabatta £4.50 

Garlic Ciabatta with Cheese £5.50 

Herb Roasted Potatoes £4.00

Seasonal veg £4.50 

House salad bowl £6.50 

DESSERTS

Homemade Sticky toffee Pudding £7.95
chefs homemade toffee sauce

Homemade Flourless Chocolate Brownie £7.95 
and a rich chocolate sauce

Jamaican Lemon Cheesecake £7.95

All served with Cornish Clotted Cream or Ice Cream


Neapolitan Ice Cream Sundae £7.95
vanilla, chocolate & strawberry ice cream,
dairy cream & sauce


A Trio of Cornish Cheese £9.95
crackers, grapes & chutney

Cornish Cream Tea £8.50
Two Warm Scones, Strawberry Jam & Roddas
Cornish Clotted Cream served with a pot of tea




Callestick Farm Ice Cream or Sorbets
£2.50 per scoop

CHILDRENS MENU

Pasta £6.95 
served with either pesto or tomato sauce,
cheese and garlic bread

Cheese & Tomato Pizza £6.95 

The following options can be served with chips or potatoes
Plus peas / baked beans / salad or seasonal vegetables

Grilled Fish  - Ham & Egg  - Beef Burger - Battered Fish
Sausages - Scampi - Chargrilled Chicken Breast 
£7.95

CHILDRENS DESSERTS

Miniature Ice Cream Sundae £5.00
Callestick Farm Ice Cream £2.50 per scoop

JOIN US FOR OUR DELICIOUS SUNDAY ROASTS

Served from our Carvery 12pm - 2.30pm, 6pm - 8.30pm

Choice of 3 Meats or Nut Roast

Served with fresh vegetables homemade Yorkshire pudding & homemade gravy

large £12.95 small £9.95

At The Merrymoor, our team of Chefs, led by Head Chef John Fish, pride themselves on using fresh ingredients from local suppliers to create great, fresh food

We are pleased to use local suppliers, including ; Callestick Farm Ice Cream, Celtic Fish & Game, Peter Morris Butchers St Columb, Dabara Bakery, M.Yates & Sons, Total Produce, Roddas Cream, Cornish Coffee,

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All our allergen information is recorded and available upon request. Please let your server know about any allergen or intolerance you may have and we will be able to provide information on our ingredients. We take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchen and it is therefore not possible for us to fully guarantee separation of all allergens.