



## *Good Morning*

### **To Start**

Pot of Tea or Freshly Brewed Coffee

Please help yourselves.

Orange, or Apple Juice.

Cornflakes, Crunchy Nut Cornflakes, Special K, Weetabix, Granola, Porridge  
Freshly Made Fruit Salad, Natural Yoghurt

### **Toast**

Toasted White or Brown Bread from our local baker, Da Bara Bakery

**Full English – Locally made Sausage, Cornish Free Range Egg (Poached Scrambled or Fried) Bacon, Grilled Tomato, Hash Brown, Sauteed Mushrooms, Baked Beans**

**Vegetarian Breakfast – Vegan Sausage, Cornish Free Range Egg (Poached Scrambled or Fried) , Grilled Tomato, Hash Brown, Sauteed Mushrooms, Baked Beans**

### ***Breakfast Sandwich***

Choose any combination from our Breakfast items in Thick White or Brown Bread

### ***On Toast***

Poached or Scrambled Free-Range Eggs on Toast

Scrambled Eggs and Smoked Salmon served with Sauteed Mushrooms and Grilled Tomato

Boiled eggs & Toasted Soldiers

Gluten Free Bread and Oat Milk available

Please advise us of any Allergies