



The Fountaine Inn

STARTERS

Crisp Yorkshire pudding with creamed chicken liver paté £5.95 434 kcal

Gordal, Paesana and Boscaiola Olives, pickled onion, pearl peppers,
bocconcini mozzarella £5.95 GFA V 346 kcal

Soup of the day with fresh bread & butter £5.95 GFA 374 kcal

Penny's chipolata sausages, BBQ sauce, Bramley apple puree
£6.95 513 kcal

Slices of air-dried ham, watermelon, feta cheese and mint oil £8.25 GFA 420 kcal

SANDWICHES

served on your choice of white or brown bread

Fish finger butty, good old-fashioned fish fingers, lightly toasted bread,
gem lettuce, tomatoes, tartare sauce £8.40 707 kcal

Prawn Marie Rose, Atlantic prawns, classic Marie Rose sauce,
crisp salad GFA 697 kcal £8.95

Wensleydale and Branston Pickle GFA V 1459 kcal £8.50

The Reuben corned beef, sauerkraut, and gruyere cheese, Reuben dressing,
on toasted rye bread with garlic, parmesan dressed leaves £8.95 865 Kcal

Add a portion of fries for £2.00 427kcal

GFA – gluten free available V – vegetarian

Adults need approximately 2000 kcal per day

FOOD ALLERGIES AND INTOLERANCES.

Before ordering drinks or food, please speak with a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come in contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g fryers, grills etc.) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil.

Main Course

Fontaine Classic C&B burger 7oz beef burger, cheese, bacon,
bourbon BBQ sauce £14.95 1293 kcal

Fish, chips, and mushy peas £15.95 656 kcal

Fontaine ale & steak pie your choice of potato, rich gravy 996 £15.95 996 kcal

Char grilled bacon chop, fried egg & pineapple, chunky chips £15.95 GFA 745.5 kcal

Bread crumbed chicken schnitzel with a baked garlic butter & skinny fries
£15.95 1168 kcal

Char Grilled 8oz Ribeye Steak with chips, grilled tomato, field mushroom
& cracked black pepper sauce £24.95 GFA 1772 kcal

Fontaine Inn fish pie selection of market fresh fish, garden peas bound in a cream
sauce, topped with mashed potato, & melted cheese £14.95 GFA 602 kcal

Pan fried escalope of salmon with a creamy mushroom, chive, & white wine velouté,
spinach & crushed new potatoes £15.95 658 kcal

Spiced tagine of cauliflower, chickpea, tomato with pearl couscous & dried fruit
accompanied by deep fried falafel £12.95 V 684 kcal

Side Dishes

Seasonal vegetables £3.95 111 kcal

Mixed dressed house salad £3.95

Onion rings £3.95

Potatoes your way: Mashed £3.95 258 kcal Chipped £3.95 286 kcal

Skinny fries £3.95 390 kcal New £3.95 339 kcal

Peas: Mushy £1.95 91 kcal, Buttered garden peas £1.95 161 kcal

Sauces: Pepper sauce 400 kcal, rich roasted gravy 54 kcal £2.25

Great British Sunday Roasts – Available Sunday £15.95

Roast of the Day served with roast and mashed potatoes, fresh seasonal vegetable,
Yorkshire pudding & rich roasted gravy

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