

# *Breakfast Menu*

## **From the kitchen**

*Please choose from the following*

### **Irish Organic Oats**

Creamy porridge, sweet or salty, Irish Whiskey & Rosehip syrup

### **Grilled Field Mushrooms on Toast**

Local field mushrooms, herb butter, toasted sourdough, two poached eggs

### **Lough Neagh Smoked Eel**

One of Northern Ireland's food treasures, warmed & served with lightly scrambled eggs & toasted brioche

### **Benedict, Florentine or Royale Poached Eggs**

Choice of baked ham, Walter Ewing's smoked salmon or buttered baby spinach, toasted muffin, hollandaise sauce

### **The Old Inn Ulster**

Smoked back bacon, pork sausage, oven roasted tomato, black pudding, fried potato, soda bread,  
two fried, poached or scrambled eggs

### **Smashed Avocado**

Toasted sourdough, two poached eggs, Hass avocado, tahini & chilli yoghurt, black sesame seeds, pea shoots

### **Grilled Manx Kipper**

Isle of Man kipper, herb butter, lemon

*Please allow 15 mins for well done poached eggs*

Please inform your server of any allergies or dietary requirements. Careful precautions are taken when preparing dishes, however, the risk for cross contamination is always present.

## Selection of Teas

Irish Breakfast  
Earl Grey  
Peppermint  
Chamomile  
Wild Berry Organic Herbal  
Infusion  
Decaf Ceylon Black  
Yunan Green  
Ginger & Lemongrass

## Freshly Brewed Cafetière of Lyons Coffee

*Our Head Breakfast Chef, Dermot,  
insists on the highest standard of locally sourced ingredients  
to ensure freshness and quality*

## Scullery Kitchen Suppliers

Bacon, Sausages	Ferguson Butchers, Co. Antrim
Eggs	Ballygarvey, Co. Antrim
Bread	Yellow Door Bakery, Co. Antrim
Dairy	Hendersons, Co. Antrim
Black Pudding	Gracehill, Co. Antrim
Fish	Ewing's   Keenan's, Co. Antrim
Vegetables & Fruit	North Down Ltd, Co. Antrim
Whiskey	Bushmills Distillery, Co. Antrim
Yoghurt	Clandeboyne Estate, Bangor, Co. Down

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## *Thought of the Day*

*“Reading gives us somewhere  
to go when we have to stay  
where we are”*

C.S Lewis

*The*  
OLD INN  
Est. 1614

*Attentive yet Informal,  
Simple yet Sophisticated”*

