MENU

STARTERS

STICKY PORK BELLY BITES 5.5 with honey, ginger, chilli & black onion seeds 407Kcal

BREADED BRIE, HONEY & TOASTED HAZELNUT 7.5 with watercress (v) 603Kcal

> BUTTERMILK CHICKEN TENDERS 7 with honey & chilli sauce 404Kcal

CRISPY SALT & PEPPER SQUID 8 chilli mayonnaise 577Kcal

WHITEBAIT, TARTARE SAUCE 6.5 watercress & lemon 561Kcal

CAULIFLOWER WINGS, ROMESCO SAUCE 5.5 basil oil & toasted almonds (pb) 626Kcal

WELSH RAREBIT ON TOAST 7.5 green salad, red wine dressing (v) 715Kcal

SELECTION OF CURED MEATS 10 cornichons & sourdough 446Kcal

MAINS

SPAGHETTI CARBONARA 13.5 smoked bacon, Parmesan cream sauce & parsley 1229Kcal

JERK CHICKEN, MANGO SALSA 15 roasted corn on the cob & sweet potato fries 1146Kcal

BEEF RAGU PAPPARDELLE 14.5 pesto, shaved Parmesan & basil leaves 804Kcal

NAKED NIÇOISE SALAD 12 with egg, green beans, tomatoes, red onions, olives & capers (v) 465Kcal

> BATTERED HADDOCK FILLET 15.5 chips, peas & tartare sauce 1123Kcal

SALT BAKED CELERIAC KATSU, CURRY SAUCE 10 steamed rice, pickled sushi ginger, spring onion & edamame (pb) 971Kcal

All of our burgers are served in a New York glazed bun, with a side of Koffmann's chips & crunchy slaw

BEEF BURGER 14 baby gem, tomato, pickles & burger sauce 1019Kcal Add Bacon 1.5 | Cheddar 1.5 (v) | Jalapeños 1 (pb) | Onion rings 1.5 (pb) | Pulled pork & BBQ sauce 2 / Swap chips for sweet potato fries 1.5

GREEN GRILLA PLANT BASED BURGER 14 vegan mozzarella, tomato, baby gem & burger sauce (pb) 1258Kcal

CRISPY SPICY CHICKEN BUFFALO BURGER 13.5 bacon bits, Monterey jack, crispy gem & chips 1525Kcal

TO SHARE

NACHOS 8 (small) 1098Kcal | 12 (large) 1952Kcal with guacamole, sour cream, salsa, jalapeño & cheese (v) Add smoked bean chilli / Pulled pork & BBQ sauce 2 (small) | 3 (large)

LOADED CHIPS 8.5

with Cheddar, beef chilli, sour cream, spring onions, jalapeños 870Kcal or vegan Cheddar, smoked bean chilli, spring onions, jalapeños 1170Kcal Add smoked bean chilli / Pulled pork & BBQ sauce **2** | **3**

SANDWICHES

CORONATION CHICKEN 7.95 poached apricot, toasted almonds & coriander 897Kcal

SMASHED AVOCADO, HERITAGE TOMATO 7.95 fresh basil, toasted nuts & seeds (pb) 822Kcal

CROQUE MONSIEUR 7.95 1224Kcal

TUNA, LEMON MAYONNAISE 7.45 cucumber & watercress 666Kcal

Add Koffmann's chips (pb) 3

SIDES

KOFFMANN'S CHEESY CHIPS 4.75 (v) 682Kcal

SWEET POTATO FRIES 4.5 (pb) 249Kcal

PULLED PORK, BBQ SAUCE, MELTED CHEDDAR & SRIRACHA LOADED CHIPS 6.5 795Kcal

SMOKED THREE BEAN CHILLI & JALAPEÑO LOADED CHIPS (*pb*) 6.5 *1160Kcal*

PUDDINGS

FLOURLESS CHOCOLATE & ORANGE CAKE 7.5 crème fraîche (v) 390Kcal

> STICKY TOFFEE PUDDING 7.5 with vanilla ice cream & toffee sauce (v) 658Kcal

> > LEMON TART 7 with clotted cream (v) 567Kcal

ICE CREAM SELECTION (v) 1.75 (scoop) chocolate 149Kcal / strawberry 145Kcal / vanilla 109Kcal

V (vegetarian) PB (plant based)

Adults need around 2000 kcals a day. If you have an allergy, please let us know, full allergen information available on request. Dishes may not contain specific allergens; however our food is prepared in an open kitchen and there may be a risk of cross contamination.

THE Pontcanna inn