



THE BEAR HOTEL

While you wait

Selection of sourdough & focaccia bread, English butter & olive oil v £4.95
Provençal olives *vg gf option available upon request* £4.75
Confit duck bon bons, sticky fig relish *gf option available upon request* £5.50
Whitebait, lemon mayonnaise £5.25

Starters

Soup of the day, warm sourdough v, *gf option available upon request* £6.00
Chicken liver parfait, onion marmalade, toasted fig & walnut bread £7.25
Crab cakes Creole, sweet pepper relish, mixed leaves £10.25
Lamb & anchovy croquette, gremolata, rocket & parmesan *gf option available upon request* £7.25
Chestnut mushrooms on sourdough toast, soft herb cream *vg option available upon request/ gf option available upon request* £6.95

Sharers

Baked Camembert, Henry's IPA relish, warm bread wreath v/ toasted sourdough v £14.00
Turkish lamb flatbread, feta cheese, pine nuts, hot honey £16.00

Pub classics

6X Gold ale battered haddock with chunky chips, mushy peas, tartare sauce, lemon *add curry sauce gf option available upon request* £14.95
Treacle glazed ham, free range eggs, slow roasted tomato, chips *gf option available upon request* £14.25
Homemade 6X & Beef pie served with seasonal greens, gravy and creamy mash £15.75
The Henry Burger - our signature beef burger, mature Cheddar cheese, baby gem & tomato, Henry's IPA relish, our burger sauce, coleslaw and fries £15.25 *gf option available upon request*
add smoked streaky bacon £1.50/ *Extra burger* £2.00 .

Mains

Pan-fried fillet of sea bass, new potatoes, fine herb hollandaise *gf option available upon request* £20.25
Beetroot risotto, toasted feta, crispy kale, candied walnuts v £12.75
Curried red lentil dahl, tempura cauliflower, roasted fennel, golden raisins, cumin yoghurt *vg gf option available upon request* £13.75

Sunday Roast

Roasted topside of beef served with crispy roast potatoes, selection of vegetables, Yorkshire pudding and gravy *gf option available* £16.50
Roasted chicken breast served with sage & onion stuffing, crispy roast potatoes, selection of vegetables, Yorkshire pudding & gravy *gf option available* £15.75
Roast pork loin served with apple sauce, crispy roast potatoes, selection of vegetables, Yorkshire pudding, crackling and gravy *gf option available* £16.75
Peanut, walnut & almond nut roast served with crispy roast potatoes, selection of vegetables & vegetarian gravy *vg* £15.00

Sides

Fries *gf option available upon request £4.00 add cheese 0.75p*

Chips *gf option available upon request £4.50*

Garlic bread *£4.00 add cheese 0.75p*

Seasonal greens *gf option available upon request £4.00*

House dressed salad *gf option available upon request £4.50*

6X Gold ale battered onion rings *vg gf option available upon request £4.25*

Desserts

Swordfish sticky toffee pudding, clotted cream ice cream *v £6.75*

Chocolate fondant, salted caramel ice cream & honeycomb *v £6.25*

Apple & blackberry crumble, custard or ice cream *v £6.75*

Lemon meringue dome, stem ginger ice cream *v £6.95*

Choose from our selection of Purbeck dairy ice creams and sorbets *v 1 Scoop £2.25, 2 Scoops £3.95 or 3 Scoops £5.25*

Affogato, posh toffee ice cream, shortbread *v gf option available upon request £5.00*

Selection of British cheeses, Henry's IPA chutney, biscuits & breads *v gf option available upon request £9.25*

As a proud independent family regional brewer and pub company, we work with partners who share and support our values. We are committed to reducing food waste and are signed up to the government initiative 'Step up to the plate'. Check out our website for more information.

Government guidelines: adults need around 2000 kcals a day.

GLUTEN FREE MENU AVAILABLE.

IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE PLEASE LET US KNOW BEFORE ORDERING AND ASK FOR OUR ALLERGY MATRIX.

Although we take all reasonable precautions to prevent cross contamination of allergens, this is not always possible as we handle and prepare a variety of open foods that contain allergens. Our menu descriptions do not include all ingredients. (v) = vegetarian option. (vg) = vegan option.

All weights are approximate before cooking. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association. Prices are in pounds sterling and include VAT, at the current rate. All menu items are subject to availability. We reserve the right to withdraw/change offers (without notice), at any time.

