Breakfast

We have a selection of cereals, pastries, yoghurts and fruit, as well as hot drinks and fruit juices. You can find the calorie content for the above on the nutritional matrix.

Please let us know if you would like to order a hot breakfast dish Choose from:

Full English - smoked back bacon, pork sausage, egg, baked beans, grilled tomato, hash brown, flat mushroom and Stornoway black pudding 1124kcal

> Veggie - Meatless Farm sausages, baked beans, flat mushroom, grilled tomato, hash brown and egg - v 945kcal

> > Eggs on toast your way - v 467kcal

Smoked bacon sandwich 740kcal

Pork sausage sandwich 646kcal

Smoked haddock, poached eggs and hollandaise sauce 559kcal

Toasted English muffin with poached eggs, smoked Wiltshire ham and hollandaise sauce 705kcal

Let us know how you'd like your egg cooked: Scrambled 291kcal | Fried 300kcal | Poached 75kcal | Boiled 75kcal

Government guidelines: adults need around 2000 kcals a day

IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE PLEASE LET US KNOW BEFORE ORDERING AND ASK FOR OUR ALLERGY MATRIX. Please see main menu for full ts & cs and allergen information Prices are in pounds sterling and include VAT, at the current rate. All menu items are subject to availability. We reserve the right to withdraw/change offers (without notice), at any time.

GLUTE	N FREE
Brea	kfast
We have a selection of ho	t drinks and fruit juices.
Please let us know if you would li Choose	
Full English - Smoked back	bacon, eggs, baked beans,
grilled tomato, hash brown a	and flat mushroom 534kcal
Meatless Farm sausages, bal	ked beans, flat mushroom,
grilled tomato, hash bro	wn and egg - v 945kcal
Eggs on toast you	<b>r way - v</b> 467kcal
Smoked bacon sa	ndwich 730kcal
Smoked haddock, poached eggs	and hollandaise sauce 559kcal
Let us know how you'd	like your egg cooked:
Scrambled 291kcal   Fried 300kcal	Poached 75kcal   Boiled 75kcal
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