



## MAIN MENU

All our food is made from fresh ingredients, carefully sourced and hand crafted by our team of skilled chefs for you to enjoy.

## Little Nibbles

Selection of olives,  
marinated with garlic,  
lemon and pepper

**£4.20** 126kcal

Rustic bread selection,  
Somerset butter, dipping oils

**£4.20** 596kcal

Deep fried calamari,  
aioli

**£5.20** 324kcal

Honey and mustard  
glazed chipolatas

**£4.20** 508kcal

Halloumi fries,  
spicy yoghurt

**£5.20** 612kcal

## Starters

Seasonal soup,  
sourdough, salted butter

**£6.80**

Tempura king prawns,  
sweet chilli dipping sauce

**£9.90** 264kcal

Pork and black pudding Scotch egg,  
chipotle mayonnaise

**£8.50** 817kcal

Warm brie in a panko and walnut crust,  
spiced redcurrant sauce

**£8.50** 885kcal

## Sharing Plates

Enjoy with friends as a starter to share or as a main course for one

**BUTCHER'S PLATE**  
black pudding Scotch egg,  
prosciutto, roasted belly pork,  
honey and mustard glazed  
chipolatas, pickles, chutney,  
mixed sourdough bread

**£20.30** 1317kcal

**ROSEMARY AND GARLIC  
STUDDED BAKED CAMEMBERT**  
toasted sourdough,  
homemade onion chutney

**£16.20** 1204kcal

**FISHMONGER'S PLATE**  
prawns Marie Rose, smoked  
salmon, beer battered fish  
goujons, tempura prawns,  
crispy fried whitebait,  
homemade tartar sauce,  
mixed sourdough bread

**£20.00** 911kcal

## Salads

**HOUSE CAESAR SALAD**  
gem lettuce, crisp bacon, shaved  
Parmesan, marinated anchovies,  
croutons, boiled egg

**£13.50** 479kcal

with grilled chicken breast

**£15.00** 751kcal

**ROASTED ROOT VEGETABLE SALAD**  
butternut squash, parsnip, carrot,  
spinach, feta, herb oil

**£15.00** 551kcal

## The Grill

Our steaks are all from British native breeds, carefully chargrilled to order and served with roasted tomato and mushroom, mixed leaves and thick cut chips

8oz **FILLET**  
the prime cut, exceptionally tender

**£32.50**

648kcal

8oz **SIRLOIN**  
with the balance of tenderness and  
flavour coming from the small amount  
of marbling

**£25.50**

1113kcal

10oz **RIB EYE**  
with marbling running through to baste  
the meat as it is grilling, this cut has  
full flavour and is supremely juicy and tender

**£28.50**

1384kcal

10oz **GAMMON STEAK**  
free range fried egg or fresh  
pineapple ring

**£16.00**

698kcal

**A D D A L I T T L E E X T R A**

BBQ sauce

188kcal **£3.10**

Bearnaise sauce

279kcal **£3.10**

Peppercorn sauce

181kcal **£3.10**

Stilton sauce

238kcal **£3.10**

## Royal Oak Classics

Thwaites beer battered fish, thick cut chips, traditional mushy peas, tartar sauce	<b>Small £15.00</b> <b>Large £16.50</b> <small>777kcal/971kcal</small>	Fish pie, haddock, salmon, smoked haddock and prawns, creamy mash topping, buttered seasonal greens	<b>£16.80</b> <small>476kcal</small>
Steak and Thwaites Original pie, traditional mushy peas, creamy mash or thick cut chips, jug of gravy	<b>£15.90</b> <small>1471kcal</small>	Middle Eastern vegetable tagine butternut squash, carrot, lentils, rose harissa, herb bulgur wheat with grilled chicken breast	<b>£14.50</b> <small>553kcal</small>
Roast half chicken, dressed salad, coleslaw, sea salted fries	<b>£16.60</b> <small>1747kcal</small>		<b>£15.80</b> <small>782kcal</small>
Cumberland sausage, creamy champ mash, caramelised onion gravy, homemade onion chutney	<b>£14.50</b> <small>1412kcal</small>	Slow cooked lamb shank, rich red wine jus, creamy mash, seasonal greens	<b>£18.30</b> <small>1811kcal</small>

## Burgers

CLASSIC BURGER mature cheddar, dill pickle, tomato chutney, skinny fries add back bacon	<b>£16.50</b> <small>867kcal</small>	BEETROOT, COURGETTE AND PEPPER BURGER avocado, tahini, garlic and Greek yoghurt dressing, toasted bun, skinny fries	<b>£14.70</b> <small>1026kcal</small>
CHICKEN BURGER buttermilk fried chicken, dill pickle, Caesar dressing, skinny fries add back bacon	<b>£15.50</b> <small>898kcal</small>	JALAPENO AND CUMIN BURGER beef burger, mature cheddar, tomato, red onion, house relish, skinny fries	<b>£15.50</b> <small>757kcal</small>
	<b>£0.70</b> <small>75kcal</small>		

Sides	THICK CUT SEA SALTED CHIPS	<small>630kcal</small>	<b>£4.30</b>	BUTTERED NEW POTATOES	<small>346kcal</small>	<b>£4.30</b>
	SEA SALTED FRIES	<small>509kcal</small>	<b>£4.30</b>	CREAMY MASHED POTATOES	<small>319kcal</small>	<b>£4.30</b>
	BEER BATTERED ONION RINGS	<small>228kcal</small>	<b>£4.30</b>	ROASTED SEASONAL VEGETABLES	<small>552kcal</small>	<b>£4.30</b>
				MIXED LEAF SALAD	<small>208kcal</small>	<b>£4.30</b>

## Sunday Lunch

Every Sunday our chefs cook up fabulous roasts for you to enjoy; with a choice of different cuts, proper Yorkshire puddings, crispy roast potatoes, seasonal vegetables and homemade gravy

## Desserts

Sticky toffee pudding, toffee sauce, vanilla ice cream	<b>£7.50</b> <small>1143kcal</small>	Yorvale ice cream, please ask for today's selection	<b>£2.30 per scoop</b>
Chocolate and hazelnut brownie, rich chocolate sauce, vanilla ice cream	<b>£7.60</b> <small>792kcal</small>	Only a little room? Try today's mini dessert served with a tea or coffee of your choice	<b>£7.50</b>
Apple, pear and plum crumble, vanilla custard	<b>£7.50</b> <small>787kcal</small>		
Banana and caramel cheesecake, salted caramel ice cream, honeycomb	<b>£7.50</b> <small>1206kcal</small>		

Prices include VAT, service at your discretion. We believe in fair tipping, that's why 100% of your tips go directly to the team that serves you.  
Calorie Information: Adults need around 2000 kcal a day. Allergen Information - we really want you to enjoy your meal with us - if you'd like information about ingredients in any dish, please ask and we'll happily provide it.





The Royal Oak is known for its historic links with literary greats. Coleridge and Wordsworth are known to have frequented the inn, as did so many of the Romantic poets of the time, including Tennyson, Ruskin, Shelley and Southey. Just outside our inn you can find a carved plaque on the wall that pays testimony to our literary roots. Today we continue to offer the warmest of welcomes to all of our guests and are proud of our heritage. We hope you enjoy your visit with us.

Keep up-to-date with our latest news and events...visit [royaloakkeswick.co.uk](http://royaloakkeswick.co.uk) - find us on [facebook.com/TheRoyalOakKeswick](https://www.facebook.com/TheRoyalOakKeswick) or follow us on Twitter @RoyalOakKeswick

Main Street, Keswick, Cumbria, CA12 5HZ